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[Dr Sandra Cabot - The Doctor Who Understands! | Sandra ...](#)

Dr Sandra Cabot McRae was born in Adelaide South Australia in 1952 and trained in medicine and surgery at Adelaide University in South Australia.

[About Dr Sandra Cabot Liver Doctor](#)

Sandra Cabot has had her books published in many different countries and is internationally recognized for her work. Dr. Sandra Cabot is a popular & regular guest on radio and television programs and writes for many women's & health magazines. Sandra Cabot does seminars in Australia and overseas and has helped many thousands of chronically ill persons to regain good health. Sandra was the

[Dr Cabot Cleanse - Official Site](#)

The Dr Cabot Cleanse is a 15-day detox plan that will help you regain control of your health. The program was designed by Dr Sandra Cabot and her medical team to restore gut and liver health and reduce inflammation and acidity in the body.

[Vital Principles to Reverse a Fatty Liver | Sandra Cabot MD](#)

by Dr Sandra Cabot. If you have been diagnosed with a fatty liver it is vital that you take a pro-active approach, otherwise the condition will progress and your liver function will deteriorate.

[Fatty Liver: You Can Reverse It: Dr. Sandra Cabot M.D ...](#)

Sandra Cabot is the medical and executive director of the Australian National Health Advisory Service. She graduated with honors in medicine and surgery from the University of Adelaide in South Australia in 1975. As part of her extracurricular medical training, she studied herbal medicine and nutritional medicine. Dr. Cabot began her medical career in 1980 as an obstetrician-gynecologist and Sandra Cabot (Author of The Liver Cleansing Diet) Dr Sandra Cabot has written many popular books on health and she is very well known under this name. Dr. Cabot's famous Liver Cleansing Diet book was awarded The Australian People's Choice Award in 1997. You may find it interesting to know that Sandra chose the nom de plume of Dr Cabot in 1982, as in those days Australian medical

[Liver Cleansing Diet by Sandra Cabot: Food list What to ...](#)

The Liver Cleansing Diet (1996/2003/2008) claims over 2 million copies sold. It is a 3-stage 8-week detox diet that is dairy-free, mostly vegetarian, minimally processed, high

fiber, and low fat, and it includes a lot of raw vegetable and fruit including juices.

The Liver Cleansing Diet Australian Skeptics Inc

Some days into the new year I was in my local chemist shop picking up a roll of film, when my eyes fell upon a book titled The Liver Cleansing Diet by Dr Sandra Cabot and in bold red letters the words Love Your Liver and Live Longer. This was the very liver cleansing diet that I had thoughtlessly described as a lot of rubbish. This was my chance to educate myself. I picked up the book and was